

ALS: Hypothermia

GLOBAL MARK			
CLEAR PASS	BORDERLINE PASS	BORDERLINE FAIL	FAIL

Criteria

Introduces Self, confirms patient identify, Washes hands,	2, 1
PPE	1
Confirms team competencies	1
Explains Plan Long Resuscitation likely Plans for this – helpers, Lucas/autopulse	
Summons appropriate help	
ABCDE approach	
Confirms cardiac arrest	
Starts CPR 30:2	
Ensures airway/ventilation/oxygen Keen to use SGA, or ET if possible to do so with team competencies.	
Attaches Defibrillator (if not already)	
Pauses for rhythm check	
Identifies correct rhythm	
Treats rhythm appropriately If a shock is required, defibrillates safely (O2 away) Is aware that should only defibrillate VF 3 times until core temp is 28-30 degrees	
Rapidly identifies reversible causes and treats Hypoxia, Hypovolaemia, Hypothermia, Hyperkalaemia Toxins, Tamponade, Tension, Thrombus	
Asks for core temperature	
Appropriate 2 min rhythm check	
Is anxious to minimize interruptions to CPR	
Considers/uses ECHO in life support	
Withholds adrenaline until temp >30, and gives adrenaline every 6-10 mins between 30 and 36.	
Is keen to begin active re-warming measures Warmed IV fluids Peritoneal Lavage Bladder washout	
Demands ECMO	
Identifies ROSC	
Appropriate post resus care, or decision to stop	
TOTAL	