

C -Spine rules

GLOBAL MARK			
CLEAR PASS	BORDERLINE PASS	BORDERLINE FAIL	FAIL

Criteria

Introduces Self, confirms patient identify, Washes hands,	2, 1
Offers analgesia, ensures comfort of patient	2
Confirms nature of the problem	1
<p>Uses Canadian c-spine rules</p> <p>Are they High Risk?</p> <ul style="list-style-type: none"> >65 years old Parasthesiae Dangerous Mechanism <ul style="list-style-type: none"> fall >3ft, 5 stairs, axial load, high speed MVC >100km/h, rollover, ejection, motorized recreational, bicycle struck) <p>Are they low risk?</p> <ul style="list-style-type: none"> Simple rear end shunt Sitting in the ED Ambulatory at any time Delayed onset neck pain Absence of midline C-spine tenderness <p>Can they rotate neck?</p> <ul style="list-style-type: none"> 45 degrees left and right <p>Rule cannot be applied to non-trauma cases, GCS<15, age <16, unstable, paralysis, previous c-spine surgery, pregnant, vertebral disease.</p> <p>Decides on imaging appropriately.</p>	6
<p>Knows indications for CT</p> <ul style="list-style-type: none"> GCS <13, intubated, poor plain films, abnormality of plain films, head scan indicated, dementia, neurological signs or symptoms, known vertebral disease 	2
Summarises findings to patient	2
<p>Explains next steps</p> <ul style="list-style-type: none"> Clear C-spine CT MRI 	2
Invites questions	2
Thanks patient	1
MAX 20	