Sudden onset deafness

| GLOBAL MARK | | | | |
|-------------|-----------------|-----------------|------|--|
| CLEAR PASS | BORDERLINE PASS | BORDERLINE FAIL | FAIL | |

| Criteria | | | |
|---|------|--|--|
| Introduces Self, confirms patient identify, Washes hands, | 2, 1 | | |
| Offers analgesia, ensures comfort of patient | 2 | | |
| Confirms nature of the problem | 1 | | |
| Asks focused specific questions | | | |
| Time of onset, gradual/sudden | | | |
| What kind of sounds are difficult to hear? (low or high pitched) | | | |
| Unilateral/bilateral | | | |
| Tinnitus (is it pulsatile) | | | |
| Pressure feeling | | | |
| Trauma | | | |
| Discharge | | | |
| Recent loud noise exposure | | | |
| Associated symptoms | | | |
| Vertigo, fever, headache, nystagmus, itching, visual changes | | | |
| Systemic symptoms – weakness, | | | |
| РМН | | | |
| Recent ear infections? Recent URTIs? | | | |
| DM, HTN, Vasculitis, hypothyroidism, asthma | | | |
| FH | | | |
| DH | | | |
| Ototoxic drugs – aminoglycosides, diuretics, anti-inflammatories, anti- | | | |
| malarial agents | | | |
| SH | | | |
| Smoking | | | |
| Asks to examine patient | | | |
| Inspects outer ear | | | |
| Comments on discharge, mastoid, erythema, scars | | | |
| Comments on symmetry | | | |
| Palpates | | | |
| Pinna, tragus | | | |
| Pre-auricular and post auricular, suboccipital and superior | | | |
| jugular lymph nodes | | | |
| Auroscope Technique | | | |
| Appropriate sized speculum | | | |
| Holds ear appropriately | | | |
| | | | |
| Auroscope findings | | | |
| Auditory canal – infection, wax, granulation, blood | | | |
| Tympanic membrane | | | |
| Rinne's test [512hz] | | | |
| Normal is AIR > BONE conduction | | | |

| Conductive is BONE > AIR | | |
|--|--|--|
| Sensorineural AIR > BONE | | |
| Weber's test | | |
| Normal – sound is heard in both ears | | |
| In conductive deafness – heard in deaf ear | | |
| In sensorineural – heard in normal ear | | |
| Wants to do full CN exam. | | |
| Wants to do ENT exam and head and neck | | |
| Offers appropriate advice and follow up | | |
| Answers questions | | |
| Thanks patient | | |
| TOTAL | | |

Causes of conductive hearing loss

Congential stuff – microtia, atresia of ear canal Trauma – BOS#, FB, wax, otitis externa Tympanic membrane – perforation, tympanosclerosis, Ossicle – ossicular chain dislocation OM

Causes of sensorineural hearing loss

Genetic/Congenital Ageing – presbycusis Tumours – acoustic neuroma Nose induced Drugs – aminogylcosides, diuretcis, cytotoxics, NSAIDS, anti-malarial agents Trauma

Tom Bircher 2019