

## Explain Addison's

GLOBAL MARK			
CLEAR PASS	BORDERLINE PASS	BORDERLINE FAIL	FAIL

### Criteria

Introduces Self, confirms patient identify, Washes hands,	2, 1
Confirms identity of carer	
Checks child doesn't need any treatment	
Brief history	
Explains diagnosis	
<p>Addison's disease is a problem with the adrenal gland                      The adrenal gland makes steroids which regulate                      Blood pressure                      Salt content in the body                      Glucose content                      Stress response</p> <p>Features are non-specific and insidious                      Weight loss, dizziness, fatigue, nausea, constipation,                      abdo pain.</p> <p>Biochemical abnormalities                      Low Sodium                      High Potassium                      High Calcium                      Anaemia</p>	
<p>Causes                      Primary – something wrong with adrenal gland                      Secondary – something wrong with the pituitary</p>	
<p>Chronic disease                      Managed by taking hormone tablets                      Mostly hydrocortisone, sometimes other types of steroid                      tablet</p> <p>In trauma, or illness, more steroid should be taken</p>	
<p>In emergency                      Call ambulance or come to ED                      May need high dose IV steroids</p>	
Can lead normal life	
<p>Now need further tests                      Early morning cortisol                      SyACTH test                      Imaging of adrenal glands, pituitary</p>	
Needs admission	
Needs to see endocrinologist	
Will be followed up by endocrinology clinic	

Elicits questions	
Answers them nicely.	
Thanks patient	
TOTAL	

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