

Fascia Iliaca Block

GLOBAL MARK			
CLEAR PASS	BORDERLINE PASS	BORDERLINE FAIL	FAIL

Criteria

Introduces Self, Confirms patient identify, Washes hands	2, 1
Checks comfort level of patient and gains consent for procedure Indications CI – Refusal, anaphylaxis, groin surgery, infection INR>1.5 Risks – LA toxicity, nerve damage, infection, failure	2, 1
Anatomy Field block into compartment that contains psoas, and ilacus, inside that compartment you have the femoral, obturators nerve and fem cut nerve of the thigh.	
Checks equipment Iodine Needle and syringe Blunt needle Local anaesthetic Dose 3mg/kg Lidocaine – for skin Dose 2mg/kg Bupivacaine [usually 0.25-0.5% levobupivacaine 30-40mls] Marker Pen Sterile gloves	2
Prepares equipment	2
Prepares patient Monitoring IV fluids Location of intralipid Cannulated	2
Exposes patient appropriately while maintaining dignity	1
Cleans area – ASIS to pubic tubercle	1
Places fingers on pubic tubercle and ASIS, draws an imaginary line between the two Divide line into equal thirds Make a mark on the lateral third point Injection point is 1 cm below this, mark with an x.	
Anaesthetises skin	1
Introduces needle, while palpating femoral pulse with other hand to avoid inadvertent injection	2
Feels for first pop	1
Feels for second pop	1
Injects in 5ml bursts, aspirating after each one.	2
Good aseptic technique	2
Checks Block	2

Thanks patient	1
Documents procedure in notes including <ul style="list-style-type: none">- How much LA- Which side- Effectiveness	2
Explains will need monitoring at least 30 mins post procedure. Safety event	
TOTAL	

Tom Bircher 2019