

Perform Cardiovascular examination

Washed hands				
Introduces self				
Checks patient identity				
Obtains verbal consent for examination				
Ask if patient requires any pain relief prior to				
starting				
Offers to help undress patient				
Inspection from end of bed				
Hand inspection				
Perpipheral cyanosis				
• Clubbing				
Koilonychia				
Radial pulses – check both sides and examines				
for collapsing pulse				
Enquires about blood pressure				
Face –				
Conjunctival pallor				
Xanthelasma				
Looks for central cyanosis				
Neck				
• JVP				
Carotid pulse (ear lob movement				
suggest forceful pulse , Corrigans sign				
and may suggest AR)				
Precordium examination				
Heaves/thrills				
Apex beat				
Check for PPM				
Auscultate				
Aortic – sot patient forward				
Pulmonary				
 Tricuspid 				
Mitral – role patient onto their left side				
 Lung bases 				
RILE				
Offer to assist the patient redressing				
Tell the examiner that you would like to examine				
peripheral pulses, and see an ECG				
Thanks patient				
Asks if patient has any questions				
Correctly summarises				
Patient mark				
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