

Perform Abdominal examination

Washed hands	
Introduces self	
Checks patient identity	
Obtains verbal consent for examination	
Ask if patient requires any pain relief prior to	
starting	
Offers to help undress patient	
Inspection from end of bed	
Hand inspection	
 Clubbing (cirrhosis, IBD, malignancy, 	
malabsorption)	
 Koilonychia – iron def 	
 Leukonychia – hypoalbuminaemia 	
Palmar erythaema	
Dupuytrens contracture	
Face –	
Conjunctival pallor	
Mucosal ulceration	
 Tongue for signs of central cyanosis 	
Neck	
 Lymphadenopathy – virchows node 	
Abdomen	
 Light and then deep palpation 	
 Palpates for liver 	
 Palpates for spleen 	
 Performs balloting of kidney 	
Correct sue of percussion	
Correct use of auscultation	
Comment on examination of hernia orifice,	
rectal, external genitalia examination	
Offer to assist the patient redressing	
Tell the examiner that you would like a urinalysis	
Thanks patient	
Asks if patient has any questions	
Correctly summarises	
Patient mark	