

A 30 year old man presents with pain to his elbow after a fall on an outstretched hand. Perform an appropriate clinical examination

Washed hands	
Introduces self	
Checks patient identity	
Offer analgesia	
Obtains verbal consent for interview	
Offers chaperone	
Exposes patient	
Inspection – shoulder/upper	
arm/elbow/forearm/	
Erythaema/scars/wasting/deformity	
Enquires about area of tenderness	
Palpation	
Range of movement (active)	
Range of movement (passive)	
Offers to examine joint above and below	
Additional tests- resisted movement for flexors	
and extensors	
Offer to test for cubital tunnel syndrome	
(elbow flexed to 90 degrees, wrist in full	
extension – hold position for 3 mins to see if can	
elicit paraesthesia/numbness in distal ulnar	
distribution)	
Test for sensation in nerve territories	
(ulnar/median/radial)	
Checks distal NV status	
Offer to assist dressing patent	
Comments on appropriate Mx	
Correctly summarises	
Asks if any questions	
Thanks patient	
Patient mark	