

Suicide Risk

GLOBAL MARK			
CLEAR PASS	BORDERLINE PASS	BORDERLINE FAIL	FAIL

Criteria

Introduces Self, confirms patient identify, Washes hands,	2, 1
Offers analgesia, ensures comfort of patient, asks if can take notes Explains what they are about to do	2
Confirms nature of the problem from patient's perspective "Can you tell me why you are here?" Probes for more detail Reasons why	2
Examines nature of event, for its level of commitment/seriousness Last acts Avoided discovery	2
SAD PERSON scale Confirms age and sex [male <19 or >45 = 2 points]	2
Social Circumstances Seperated/divorced/widowed	1
Social support Family/job/religion	1
Depressed/hopelessness	1
Stated future intent	1
Previous attempts	1
Rational thinking loss ?pyschosis	1
Excessive alcohol or other drugs	1
Explains results of risk assessment	1
Is supportive and non-judgemental	

Tom Bircher 2019

Sex: male
Age: <19 or >45
Depression: or hopelessness

Previous: self harm
Excess: drugs & alcohol
Rational thinking: lost
Separated: divorced or widowed
Organised: Attempt planned and life threatening
No social support: No family, job or religion
Stated future intent: Wants to try again